

Training Text

/ indicates where to take breath

* indicates where to pause

Number 1: (All)

Danté's Inferno - Canto I (translated by Robert Pinsky)

Midway on our life's journey I found myself in dark woods, * The right road lost. /

To tell about those woods is hard, * so tangled and rough and savage,*

That thinking of it now, I feel the old fear stirring. /

Death is hardly more bitter.

Number 2: (Beginners/Intermediate Class)

William Shakespeare: Romeo and Juliet (Friar Laurence).

These violent delights have violent ends

And in their triumph die, like fire and powder, which as they kiss consume: /

The sweetest honey

Is loathsome in his own deliciousness

And in the taste confounds the appetite:/

Therefore love moderately;* long love doth so; *Too swift arrives as tardy as too slow.

Number 3: (Advanced Actor's Dojo Ensemble – Group Text)

Christopher Hampton: Dangerous Liaisons (Marquise De Merteuil).

The role I was condemned to in society gave me the perfect opportunity to listen and pay

attention, not to what people told me, which was naturally of no interest, but to whatever it was

they were trying to hide. / I learned how to look cheerful when I was angry and how to smile

pleasantly, while * under the table * I stuck a fork into the back of my hand. / I became not merely

impenetrable, but a virtuoso of deceit.

Number 4: (Advanced Actor's Dojo Ensemble – Men's Text)

Euripides: The Trojan Women (Menelaus).

O splendour of sunburst breaking forth this day whereon I lay my hands once more on Helen my

wife./ And yet it is not so much, *as men think,* for the woman's sake I came to Troy,/ but against

that guest proved treacherous who like a robber carried the woman from my house.

Number 5: (Advanced Class – Women's Text)

Chekhov: The Three Sisters (Tuzenbach).

I feel elated, I see these fir trees, these maples and birches, as if for the first time, and they all gaze

at me with curiosity and expectation. / What beautiful trees, and, in fact, how beautiful life ought

to be with them! / I must go, * it's time*. There's a tree that's dead, but it goes on swaying in the

wind with the others. / So it seems to me that if I die, I'll still have a part in life, one way or another.

Number 6: (Advanced Class – Group Japanese Text)

William Shakespeare: Macbeth (Macbeth) "Is this a dagger?" in Japanese.

O! Tanken dewa naika

Ore no mae ni mieru no wa

Tsukau ore no te ni mukete iru na /

Yoshi!* Tsukamaeruzo! *

Tsukamenu ka meniwa mada miete oru no ni /

Ei norowashi maboroshime *

Sugata wa misete mo

Ten ni wa sawarasenu to iu no ka.

NOTE: Advanced Actor's Dojo Ensemble: please also learn 2-3 text pieces and/or songs of approximately the same length as those above.